

## Required Equipment and Packing Checklist

CLOTHING ITEMS:			
ABU or Blue Utility Uniform (2) Full & complete uniforms	Watch cap / winter hat	Tan T-shirts (10) [Synthetic preferred]	
Socks (hiking preferred) (10 pair)	Undergarments (10 sets)	Uniform Boots (1 pair)	
PT Shorts/Running shoes (1 pair)	Swimwear (Females - you may be jumping into pool - conservative - NOT sunbathing)	Sweatshirt / Hoodie	

TOILETRIES: Small items To be packed in toiletry kit			
Towel (2)	Soap / Shampoo	Shower Shoes (Flip Flops)	
Toothbrush	Toothpaste	Foot Powder/Athletes foot Treat	
Female sanitary items (Female only)	Baby wipes	Toe nail clippers	

CAMP GEAR: To be used for primary lodging / camp life.			
Small personal camp tent	Ground Pad	E-Tool / Small Shovel	

POCKET ITEMS: To have on person at all times.			
Wallet W/ CAPID & 101 Card	Notepad (fits in pocket/pack)	Pens / Pencils	
Pocket Knife - 3.5" max blade	Watch (digital or analog)	Multi-tool	
Whistle	Compass w/ Lanyard	Eye pro / sunglasses/ear plugs	

PERSONAL & SAFETY EQUIPMENT: To have with you for general tasking duties.			
50' 550 Chord (Brightly Colored)	Matches (Waterproofed) & striking surface	Surveyor's/Flagging Tape	
Orange Vest (ANSI II or III Compliant)	20' of 1in Tubular Webbing	Eating Utensils (mess kit)	
Leather Gloves	Toilet Paper (Waterproofed in ziplock)		
Headlamp -red light/spare battery	2 Liters of Water (Minimum)	2 MRE or prepackaged Meals	
Rain Gear	3 Large Trash Bags (construction style)	5 Ziplock Bags (2 gallon size)	

EXTENDED / OVERNIGHT GEAR: To have with you for mission duties. Packed w/ School specific gear.			
Tarp 9'x12' w/grommets	Fleece Jacket / Sweater (Waterproofed)	Sleeping Bag	

NAVIGATION KIT: To have with you for mission duties. Suggested Contents.			
Protractor – see through	6 Glow Sticks (Two colors)	Pen or Fine Point Marker	
Metric Ruler – see through			

PERSONAL First Aid Kit: To have with you for mission duties. Suggested contents.			
1" Adhesive Tape - roll	(10) Alcohol Swabs	(5) 2"x2" Gauze pads	
(2) Triangular Bandage	(5) 4"x4" Gauze Pads	(12) Assorted Band-Aids	
(5 Pair) Exam Gloves	(1) Small Triple Antibiotic Ointment	Moleskin	
Sunscreen / Insect Repellant	Personal Medications / OTC Meds	Small Scissors – cuts moleskin	
Small Trauma Shears	Tweezers		
Acetaminophen Tablets	Aspirin Tablets	Ibuprofen tablets	
Lip Balm	(2) Roller Bandage	(2) Safety Pins	

PERSONAL SURVIVAL KIT: To have with you for mission duties. Suggested contents.			
Signal Mirror		Water Purification Tablets	
1 Small Long Burn Candle	10' Duct tape (wrap around stick)		